



*Healthy tip of the Month:

Here are a few tips to reduce stress and have a fantastic school year. Get enough sleep. Eat a healthy breakfast. Try your best. Use good work habits, like writing down your assignments and turning in your homework on time. Take your time with school work. If you don't understand something, ask someone. Keep a sense of humor.

Oasis Campus & Christa McAuliffe - Breakfast Menu – September 2017

		Mon	Tue	Wed	Thu	Fri	Sat	
<div>Additional Purchase Milk .75</div> <div>Breakfast is served Monday-Friday</div> <div>CME 7:45am-8:15am</div> <div>OES 8:00am-8:15am</div> <div>Middle School 7:10am-7:35am</div> <div>High School 6:40am-7:00am</div> <div>Start your day with a healthy breakfast.</div> <div></div>		<div>September</div>						
	F					1 Pancake Wrap Orange Apple Juice Syrup	2	
	3	H	4 	5 Cereal Yogurt Peaches Apple Juice	6 Cinnamon Roll Sausage Pineapple Apple Juice	7 Pancake Wrap Peaches Apple Juice Syrup	8 Omelet Sausage Orange Apple Juice	9
	10	D	11 Cereal Yogurt Orange Grape Juice	12 Frittata Hash brown Pineapple Orange Juice	13 Cereal Yogurt Pineapple Apple Juice	14 Cinnamon Bagel Orange Apple Juice Cream Cheese	15 Pancake Wrap Orange Apple Juice Syrup	16
	17	C	18 Bagel Orange Apple Juice Cream Cheese	19 Cinnamon Roll Sausage Orange Apple Juice	20 Pancake wrap Peaches Orange Juice Syrup	21 <div>School Closed</div>	22 French Toast Sausage / Syrup Peaches Apple Juice	23
24	E	25 Cereal Yogurt Pineapple Apple Juice	26 Bagel Orange Apple Juice Cream Cheese	27 French Toast Sausage Pineapple Apple Juice Syrup	28 Chocolate Chip Muffin Yogurt Peaches Apple Juice	29 Waffle Sausage Peaches Apple Juice Syrup	30	

*Available online to make payments or check account balances: myschoolbucks.com

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